One-Page Descriptions
Communicate critical
info in ways people will read and remember

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The Learning Community for Person Centered Practices envisions a world where all people have positive control over the lives they have chosen for themselves. Our efforts focus on people who have lost or may lose positive control because of society's response to the presence of a disability. We foster a global learning community that shares knowledge for that purpose.

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A Core Concept and a Core Skill Balancing Important **to** and Important **for**

Important TO	Important FOR
What is important to a person includes those things in life which help us to be satisfied, content, comforted and happy. It includes: • People to be with/ relationships • Things to do • Places to go • Rituals or routines • Rhythm or pace of life • Status & control • Things to have It includes what matters most to the person – their own definition of quality of life. What is important to a person includes only what the person "says": • with their words • with their actions When words and actions are in conflict, listen to action. Ask why?	What is important for a person includes: Issues of health: • Prevention of illness • Treatment of illness / medical conditions • Promotion of wellness (e.g.: diet, exercise) Issues of safety: • Environment • Well being - physical and emotional • Free from Fear What others see as necessary to help the person: • Be valued • Be a contributing member of their community

Support the person to be healthy and safe within the framework of what is _Important To_ them

Ask these questions:

WHERE?

Where will this be used? Context?

WHAT?

What do you want readers to learn?

HOW?

- How is support best provided?

If it's not read…not used…It's not helpful.

Context – Health Care Settings

- What do people like and/or admire about this person?

  – Avoid functioning levels

  – Focus on personality, gifts & abilities

- What's Important TO this person at medical appointments, health care settings?

How is this person best supported in this context?

- What eases anxiety? Discomfort? Fear? What helps the person feel safe?

- Describe communication – how does the person communicate, what supports are helpful?

- How can staff prepare the person for procedures, exams, care and/or services?

- How is pain expressed? Eased or alleviated?

- Medication: what works best?

- Are there any accommodations needed ahead of time or at time of appointment?
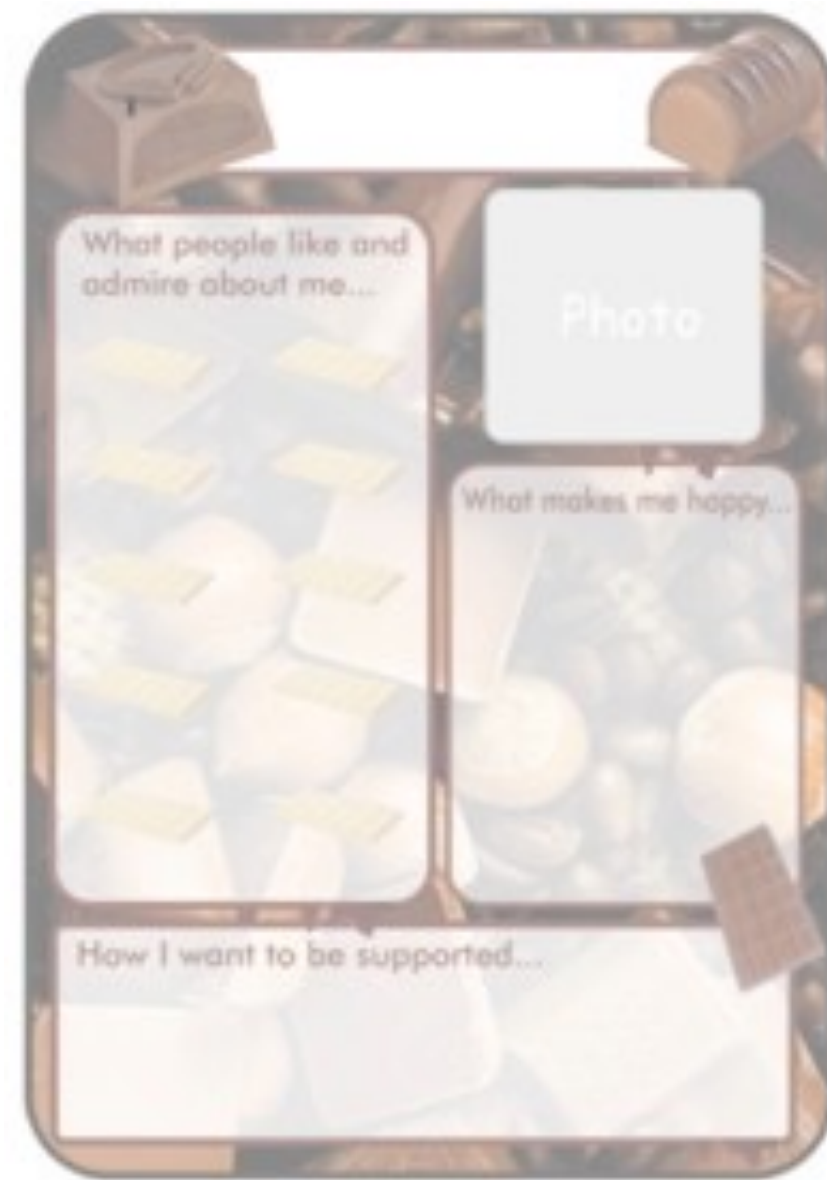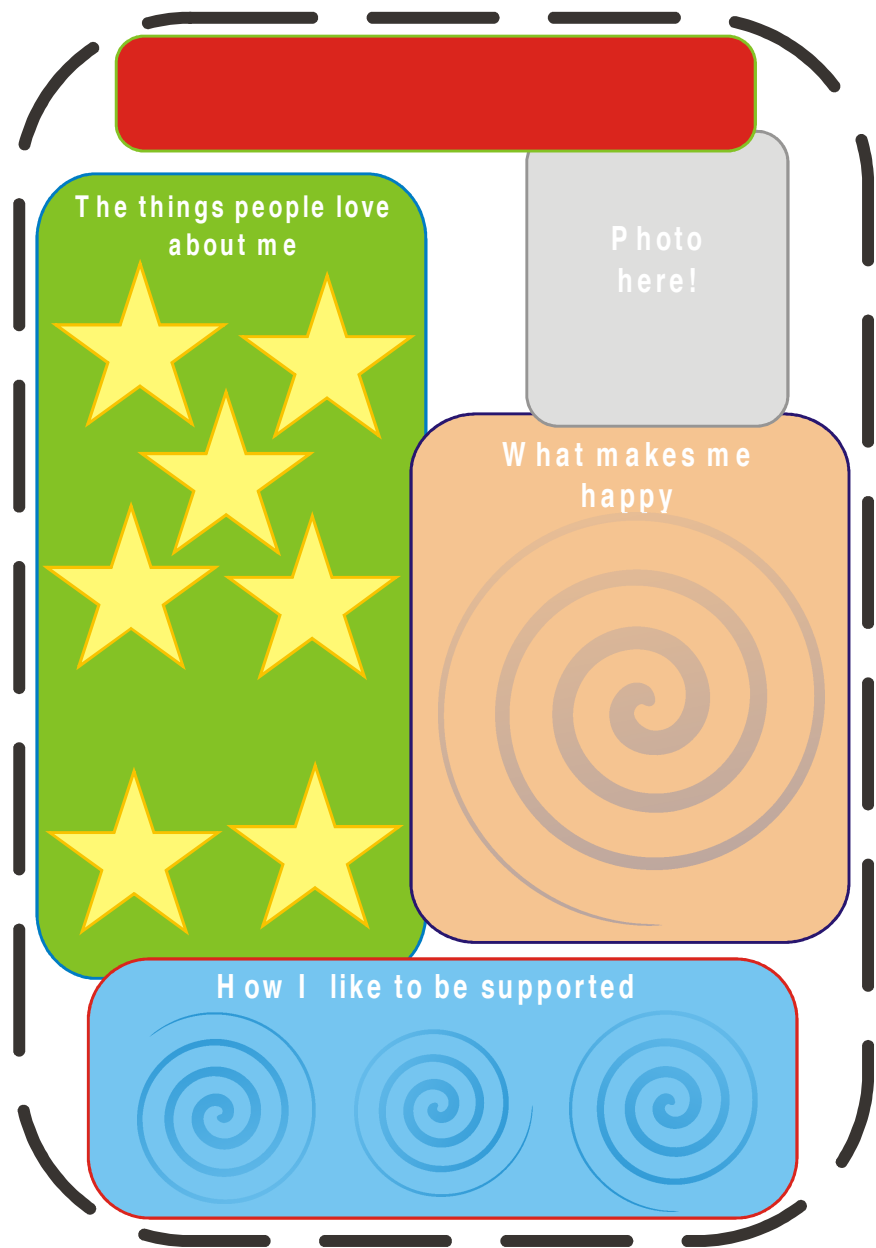
- Any other tips to help staff help you?

Consider past trauma(s) & triggers

_____'s One Page Description

What People Like and Admire about ___

_____

Insert
Photo
Here

What is Important to

_____

How to best support _____

Template 1:

The things people love about me

Photo here!

What makes me happy

How I like to be supported

Template 2:

What people like and admire about me...

Photo

What makes me happy

How I want to be supported

Template 3:

What people like and admire about me...

Photo

What makes me happy...

How I want to be supported....

sheffkids UK one page templates

The Ins and Outs: One Page Profiles for Healthcare Settings

The Ins and Outs: One Page Profiles for Healthcare Settings
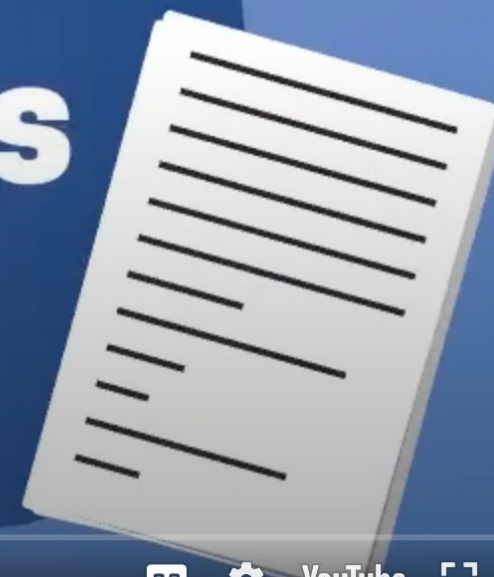
Ins and Outs of One Page Profiles- Healthcare Settings

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