

MEET THE MSRGN UTAH GENETIC NAVIGATOR



Tristin West

A little about me:



- I am the mom of 2 children, Jayson and Cozette.
- I have navigated my own son's rare, complex health condition.
- Jayson's genetic diagnosis was labeled "unknown" for years.
- Jayson now has received a diagnosis--MCTT Syndrome.
- I love to help families tell their stories, overcome barriers, make connections as they navigate their own diagnostic journey.

How I Can Help a Family Navigate Genetics...

- Discuss next steps with a family who has concerns, for example, ways they can talk with their doctor.
- Provide resources to a family who has encountered a barrier to accessing genetic services.
- Connect families who have received a genetic diagnosis to support organizations.
- Meet with families who want to get more involved as an advocate in the genetic system.

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www.mountainstatesgenetics.org/GN



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Red Flags 4 Genetics
Handout for Families**

Connect with me here: (click to email me)

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