

Galactosemia Ages 0-6 years

Clinic Visits: Every 6 months

- At time of diagnosis then every 6 months

Galactose-1-Phosphate levels

- At least every 6 months

Other Labs:

- Possible urinary galactitol
- Possible nutrition labs: calcium, phosphate, vitamin D, and 25-hydroxy vitamin D

Other Evaluations:

- Ophthalmology evaluation at time of diagnosis; follow-up at 6 months if cataracts are found
- Speech evaluation at 2 and 5 years old
- Yearly developmental questionnaires starting at 2 years old
- Developmental evaluation at 3 years old

Topics:

- Review of galactosemia
- Biochemistry
- Autosomal recessive inheritance
- Molecular testing
- Diet/management
 - Lactose/Galactose restricted diet as per metabolic dietitian

Please make sure your child has clinic visits and levels done on time. Call the metabolic clinic at _____ to make an appointment, schedule a blood draw, or with any other questions. If you urgently need to reach a Metabolic physician, _____ and ask to page the Metabolic physician on call.

Thank You,
Your Metabolic Team

