

IHS Clinical Rounds
presents

Nutritional Management of Genetic Disorders

This one hour webinar will be presented by:
Melissa Sailer, MS, RD, CNSC

Thursday, September 27, 2018

3:00 pm – 4:00 pm Eastern

2:00 pm – 3:00 pm Central

1:00 pm – 2:00 pm Mountain

12:00 pm – 1:00 pm Pacific

11:00 am – 12:00 pm Alaska

*Please sign in 10 minutes before the listed start time to hear important navigation instructions.

Target Audience

Educators, Health & Educational Administrators, Nurses, Nurse Practitioners, Counselors, Pharmacists, Pharmacy Technicians, Psychologists, Dentists, Physicians, Physicians Assistants, Social Workers, Allied Health Professionals, Psychiatrists.

Webinar Description

Nutritional Management of Genetic Disorders will identify macronutrients involved in inborn errors of metabolism and goals of nutrition therapy, along with all nutritional considerations. Basic dietary treatment and intervention will be described for disorders of amino acid, organic acid, urea cycle, carbohydrate (galactose and glycogen) and fat (long-chain and very-long chain fatty acid) metabolism. This presentation will also provide an in-depth description of a galactose restricted diet along with an amino acid restricted diet and the importance of medical food, low protein food, whole protein foods and nutritional supplements.

Outcomes/Objectives

At the end of this presentation, participants will be able to:

1. Examine genetic disorders successfully controlled with targeted dietary management.
2. Identify major macronutrients involved in inborn errors of metabolism and the three components of an amino acid restricted diet.

3. Appropriately access and refer patients presenting with Galactosemia for dietary therapy.

Registration

This presentation is open to everyone. There is no fee to participate in this webinar. Continuing education credits will be provided for attending this webinar. Details on how to claim these credits will be provided during the presentation.

Registration is required. Each individual must register.

If you are a first time attendee, please follow these directions to register:

1. Visit the following link: https://ihs.adobeconnect.com/ejen35xqrumj/event/event_info.html
2. Once the page loads, click on the "Event Registration" tab at the top of the page
3. Fill out the registration information
 - a. Please remember your password as you will need it to log in to the webinar
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If you have attended and registered for other webinars via Adobe Connect and have a username/password, follow these directions:

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Connection Information

To log in on the day of the webinar:

1. Visit: <https://ihs.adobeconnect.com/ejen35xqrumj/event/login.html>
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Questions & Technical Assistance

If you have trouble with any of the steps above or do not receive the confirmation email, please contact us using the address below as soon as possible.

ALB_AO.esupport@ihs.gov

You will receive a reply from agent@groovehq.com, this is not spam or junk mail. This is the help ticket system we use, and any email you receive from this address is us responding to your request for help.

Hardware Requirements

You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 11 or greater and Flash 28 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at ALB_AO.esupport@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to ALB_AO.esupport@ihs.gov.

Note: Before you begin the training, you can review the IHS Privacy Policy (<https://www.ihs.gov/privacypolicy/>). Also, you can review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected. <http://www.surveymonkey.com/mp/policy/privacy-policy/>

Medical and Nursing Continuing Education Credit

To receive a certificate of continuing education, you must electronically sign-in for the session, participate in the entire live internet activity and complete the online evaluation. You will be able to print your certificate after completing the evaluation. The evaluation for this session will close in two weeks.

ACCREDITATION:



The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit™* for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The Indian Health Service Clinical Support Center is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is designated 1.0 contact hour for each hour of participation.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

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No commercial interest or non-commercial funding was used to support this activity.

Recording

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