

Wi-Fi/Internet Accessibility -

Connect Arizona – Free WiFi Map

<https://sites.google.com/view/azlibtap/home>

Arizona Together – help with Internet services

<https://arizonatogether.org/>

Resources -

National Coordinating Center for the Regional Genetics Networks

(NCCRCG) - <https://nccrcg.org/telegenetic/>

Health Resources and Service Administration (HRSA) - <https://www.hrsa.gov/>

Health and Human Services (HHS) -

<https://telehealth.hhs.gov/patients/>

Family voices - <https://familyvoices.org/telehealth/>

Raising Special Kids - <https://raisingspecialkids.org/resources/>

Phoenix Healthcare Facilities (Tribal communities) -

<https://www.ihs.gov/phoenix/healthcarefacilities/>

National Society of Genetic Counselors (NSGC) -

<https://findageneticcounselor.nsgc.org/?reload=timezone>

MSRGN find a genetics clinic directory -

<https://www.mountainstatesgenetics.org/clinic-locator/>

Genetics Home Reference (Medline Plus) -

<https://medlineplus.gov/genetics/understanding/>

Contact Us

Mountain States Regional Genetics Network (MSRGN)

Website: <https://www.mountainstatesgenetics.org/>

Email: arizonagenetic@gmail.com



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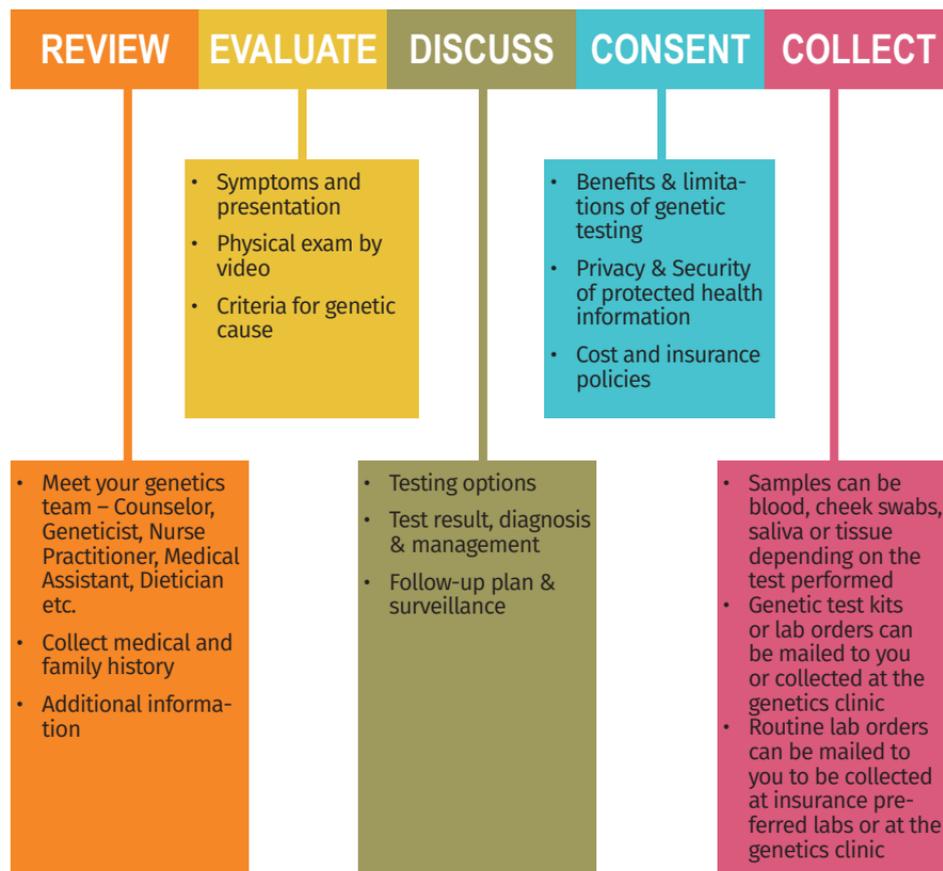
Genetics through Telemedicine TELEGENETICS

Telegenetics allows your genetics care team to evaluate, counsel, and discuss your and your families' genetic information via phone or video, when an in-person visit is not available or accessible.

You are scheduled to see your genetics team through a telegenetics appointment. This brochure provides some informational tips to have a successful e-visit and how telegenetics can assist with your healthcare needs.

Before	During	After
<ul style="list-style-type: none"> • Visits can take 1-2 hours or longer. Plan and clear your schedule ahead of your e-visit. • Let your healthcare team know if you require additional services like interpretation or accommodations. • Fill out any paperwork and have necessary legal documents (such as guardianship or medical power of attorney) ready. • Request medical records to be sent ahead of time. • Arrange for a device (phone, laptop, computer, or tablet) with a stable internet connection for your e-visit. • Download and install necessary online tools on your device (Zoom, Skype, etc.) as requested by the provider on your e-visit email or mail. 	<ul style="list-style-type: none"> • Attend the e-visit from a quiet, secure, and well-lit area with minimal distractions. • Login to the e-visit 5-10 minutes before your scheduled time. • Have your child ready for the e-visit if the appointment is for them. You may be asked to assist with a physical examination if necessary. • If you have trouble connecting to your e-visit appointment, inform your healthcare team so they can assist you immediately. 	<ul style="list-style-type: none"> • Ask your healthcare team for a summary of the visit and what was discussed. • Mark your calendar with any follow-up appointments or to-dos before the next visit. • Provide any feedback on how your e-visit experience can be improved.

What to expect in the telegenetics process



Telegenetics helps you to..

- ✔ Get comprehensive genetic evaluations and answers to your health-related questions.
- ✔ Connect directly and securely with your genetics team from the comfort of your home.
- ✔ Access genetic services even if you cannot commute or do not have services in your community.
- ✔ Receive counseling, results discussion, follow-up care, and management of on-going treatments online.
- ✔ Receive electronic copies of visit summaries, test orders, and results.

Telegenetics cannot..

- ✔ Perform physical evaluations such as measurements, eye exams, imaging studies, lab-work, etc.
- ✔ Collect test samples such as buccal swabs, saliva, or blood by clinical staff.
- ✔ Perform a thorough evaluation based on physical features that are difficult to see via camera.
- ✔ Replace an in-person visit for patients without electronic devices and/or internet connection.
- ✔ Replace urgent care or ER visits for life threatening situations.