

# Transdisciplinary approach

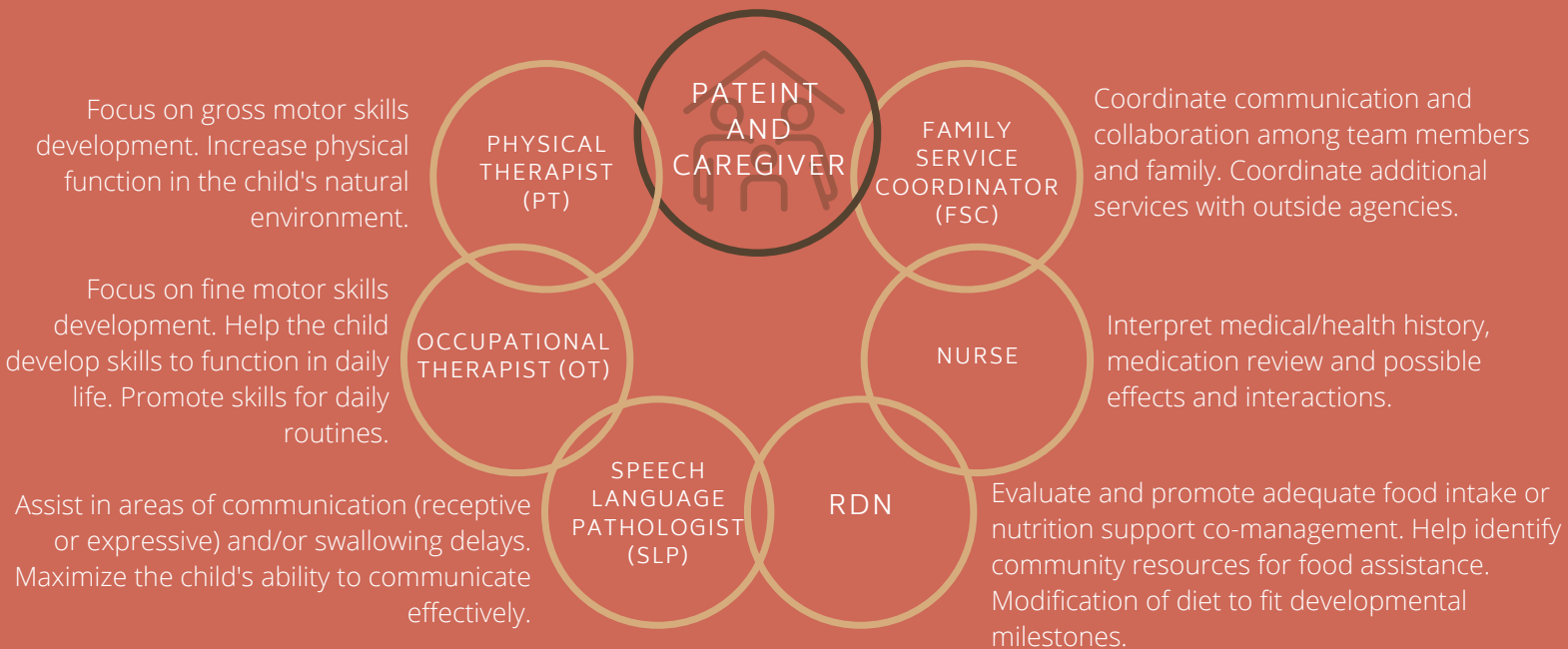
## THE ROLE OF A REGISTERED DIETITIAN NUTRITIONIST (RDN)

### WHERE CAN RDNS HELP? <sup>1,2</sup>

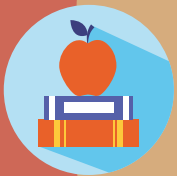
- PEDIATRIC FEEDING DISORDERS (PFD)
- PARENT FRUSTRATION OR DISTRESS WITH FEEDING OR MEAL TIMES
- GROWTH - BELOW THE 5TH PERCENTILE, ABOVE THE 85TH PERCENTILE, CROSSING MULTIPLE PERCENTILES
- NEED FOR CO-MANAGEMENT OF ENTERAL NUTRITION (NG TUBE, PEG TUBE, PEG-J TUBE)
- DELAYED DEVELOPMENT OR ORAL MOTOR ORAL AND SELF-FEEDING
- DIFFICULTY WEANING FROM BREASTFEEDING
- GENETIC OR CHROMOSOMAL ABNORMALITIES
- ACQUIRED BRAIN IMPAIRMENT
- NEURODEVELOPMENTAL DISORDERS
- GENERAL PROGRESSION WITH FOOD
- TYPICAL FEEDING DEVELOPMENT AND SKILLS
- PREMATURE BIRTH (<37 WEEKS GESTATION)



### HOW DOES AN RDN WORK WITHIN A TEAM? <sup>2,3</sup>



### REQUIREMENTS TO BECOME AN RDN <sup>4</sup>



- BACHELOR'S DEGREE FROM AN ACCREDITED UNIVERSITY OR COLLEGE OR FOREIGN EQUIVALENT.
- COURSEWORK THROUGH AN ACCREDITATION COUNSEL FOR EDUCATION IN NUTRITION AND DIETETICS (ACEND) ACCREDITED DIDACTIC PROGRAM (DPD) OR COORDINATED PROGRAM IN DIETETICS (CP).
- A MINIMUM OF 1000 HOURS OF SUPERVISED PRACTICE THROUGH AN ACEND ACCREDITED DIETETIC INTERNSHIP.
- PASS A NATIONALLY EXAMINATION ADMINISTERED BY THE COMMISSION OF DIETETIC REGISTRATION (CDR).

Created by: Tiffany Robinson 

1. Goady PS, Huh SY, Silverman A, Lukens CT, Dodrill P, Cohen SS, Delaney AL, Feuling MB, Noel RJ, Gisel E, Kenzer A, Kessler DB, Kraus de Camargo O, Browne J, Phalen JA. Pediatric feeding disorder—Consensus definition and conceptual framework. *JPGN*. 2019; 68(1): 124-129.

2. Phalen JA. Managing feeding problems and feeding disorders. *Pediatrics in Review*. 2013; 34(12): 549-557.

3. Boyer VE, Thompson SD. Transdisciplinary Model and Early Intervention: Building Collaborative Relationships. *YEC*. 2014;17(3): 19-32.

4. What is a registered dietitian nutritionist. Eat Right Pro. Academy of Nutrition and Dietetics. <https://www.eatrightpro.org/about-us/what-is-an-rdn-and-dtr/what-is-a-registered-dietitian-nutritionist>. Accessed November 17, 2020.