



October 2023

MSRGN Project Directors' Message



Hello Mountain States members-

It is officially FALL in the Mountain States Region...
In October we held our
Genetics Summit with a PEAK Performance

and our highest registration and attendance ever!

With 1,240 Registrants

775 Attendees and

4,100 sessions

of continuing education credits claimed during the LIVE event, MSRGN has seen this event grow by leaps and bounds over the last 3 years when, in 2021 due to COVID-19, the decision was made to convert the Genetics Summit to a virtual event.

We want to thank each and every one of our members for helping to spread the word about the Genetics Summit and inviting colleagues, friends and families to attend.

And a BIG Congratulations to

MONTANA

who retains their recruiting title for the 2nd year in a row for Genetics Summit registrants from Montana.

(This is calculated as a percentage based on a numerator of registrants from the state for the Genetics Summit and a denominator of that state's population)

The other state rankings for Genetic Summit registrant recruiting are here:

Colorado: 2nd Place

Utah: 3rd Place

New Mexico: 4th Place

Wyoming: 5th Place

Nevada: 6th Place

Arizona: 7th Place

Texas: 8th Place

Thank you again to everyone who helped spread the word-
the MSRGN Management team



Did you miss it?

Genetics Summit 2023

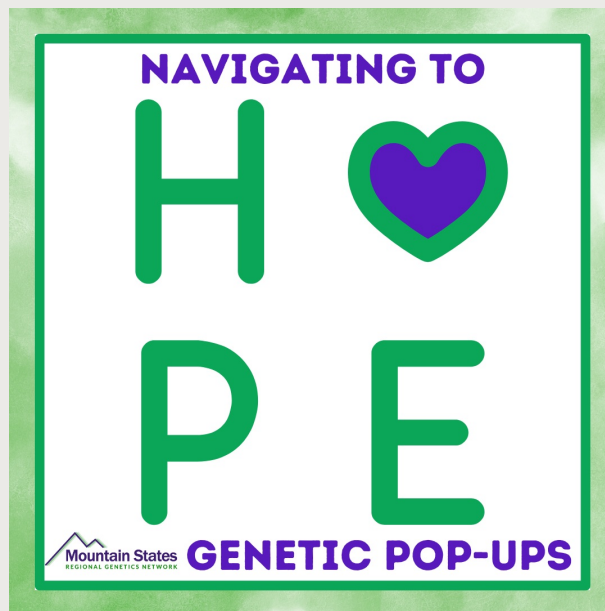
PEAK Performance

RECORDINGS

are now available for Continuing Education Credits from now until 12/31/23.

Genetic Summit 2023 Recordings

Our Next 2 Genetic Pop-Ups
are coming up...



MSRGN is inviting you to our next two Genetic Pop-Ups:

HOPE Through Understanding

December 6, 2023

at 11am PT, noon MT, 1pm CT, and 2pm ET

[Register here](#)

and

HOPE Through Support

February 22, 2024

at 11am PT, noon MT, 1pm CT, and 2pm ET

[Register here](#)

featuring our Genetic Navigators sharing their thoughts on how they found

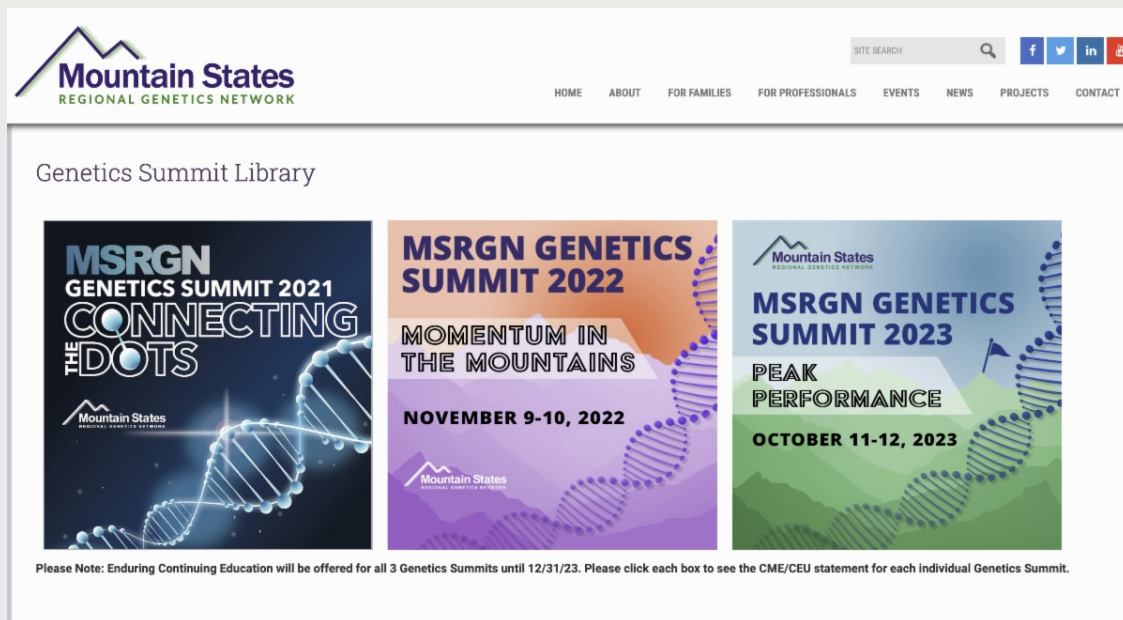
HOPE Through Understanding and Support on their genetics journey.

To download a pdf flyer to share click [here](#)

Genetics Pop-Up
Info

Check out our NEW Genetic Summit Library

If you missed any of the 2021, 2022 or 2023 Genetic Summit presentations and would like to claim continuing education credit please do so soon before these sessions expire on 12/31/23



The screenshot shows the Mountain States Regional Genetics Network website. The header includes the logo, a search bar, and navigation links: HOME, ABOUT, FOR FAMILIES, FOR PROFESSIONALS, EVENTS, NEWS, PROJECTS, and CONTACT. The main content area is titled "Genetics Summit Library" and features three event posters:

- MSRGN GENETICS SUMMIT 2021**
CONNECTING THE DOTS
November 9-10, 2021
- MSRGN GENETICS SUMMIT 2022**
MOMENTUM IN THE MOUNTAINS
November 9-10, 2022
- MSRGN GENETICS SUMMIT 2023**
PEAK PERFORMANCE
October 11-12, 2023

Please Note: Enduring Continuing Education will be offered for all 3 Genetics Summits until 12/31/23. Please click each box to see the CME/CEU statement for each individual Genetics Summit.

Genetic Summit
Library

Meet our new Nevada and Utah Genetic Navigators

Please join us in welcoming our 2 new Genetic Navigators for Nevada and Utah, Mariah and Tiffany.



Mariah Spry

Nevada Genetic Navigator
nevadagenetic@gmail.com

Mariah Spry has been navigating the medical world for almost 20 years while advocating for her three children with mitochondrial disorders and myotonic dystrophy. Mariah has extensive experience with medical centers across the country. Prior to being a full time caregiver, she was an elementary teacher and holds her BS in Human Development. She is an active volunteer with 4-H and spends most of her spare time working with kids and farm animals.

Mariah welcomes the opportunity to help families in

Nevada overcome barriers to medical care.

**Email Mariah to welcome
her**

Tiffany Vickers

Utah Genetic Navigator
utahgenetic@gmail.com

Tiffany's journey into genetics began with her second-born daughter, diagnosed with a rare genetic disorder. With this profound challenge, Tiffany's determination to provide her daughter the best possible care and support ignited her interest in genetics and advocacy. Through countless hours of research and networking, she delved into the intricate world of genetic disorders, becoming a passionate advocate for her child and families navigating similar journeys. Earning her Ph.D. in a field closely aligned with her personal experiences, Tiffany's academic pursuits reflect her profound dedication to making a difference in the lives of others. Her research focuses on self-efficacy in mothers caring for children with special needs, a subject she approaches with scholarly rigor and heartfelt empathy. Through her work, Tiffany seeks to empower mothers with the tools and knowledge to navigate the challenges of caring for children with unique needs, fostering resilience and enhancing their quality of life.



**Email Tiffany to welcome
her**

State Team Corner
What's ROCK'n in Wyoming?



Year 6: 2022-2023

For grant year 6, The Wyoming team utilized the funds to print a cover letter and distribute English and Spanish "Red Flags 4 Genetics" infographic flyers with Genetics Connections Flyers to Wyoming Head Start and Preschool programs.



Year 7: 2023-2024

Going into grant year 7 the Wyoming team plans on using their funding for an individual to follow up with and gather feedback from the physician offices and preschool teams that mailers were sent in grant year 4-6.



Genetic Navigator Partnership

The Wyoming team has partnered with the Wyoming Genetic Navigator, Kala, to support with funding for her time to assist with the follow up project for year 7.

Packages Sent



The Wyoming team distributed 276 packets of the information listed above.



Time 4 Genetics

The Wyoming team recruited 2 clinics to the Time 4 Genetics Initiative to educate primary care providers in their state.

Each month we will be highlighting
a project or resource
created by one of our state teams that is
ROCK'n the MSRGN Region.
This month we are highlighting:

WYOMING

The WYOMING team's Year 6 State Team project included utilizing funds to print and distribute 276 packages which contained both the English and Spanish Red Flags 4 Genetics resource and the Genetic Connections Workshop flyers to Head Start and preschool programs in the state of Wyoming. In year 7, the Wyoming team will be partnering with the Wyoming Genetic Navigator, Kala, to reach out to some of the recipients of these mailers and obtain some follow up feedback on the materials.

Go Team Wyoming!

To learn more about the Wyoming State Team, check out their state team page [here](#).

*If you live in the mountain states and are interested in getting involved in the state team in the state where you live, please reach out to our state teams coordinator, [Jamie Stefanski](#) or fill out this form [here](#) and note your interest in the **state teams** in the "Why are you interested in connecting with MSRGN?" box.*

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