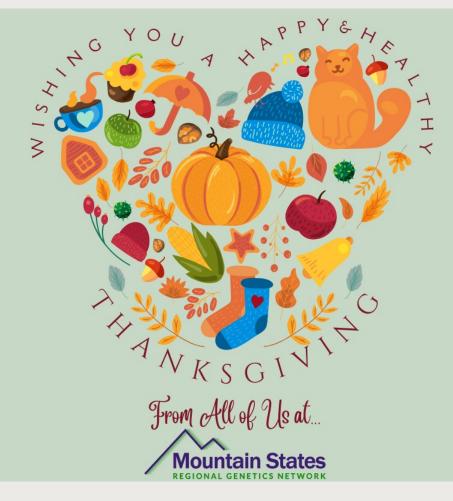


November 2023 MSRGN Project Directors' Message



Hello Mountain States members-

In this month where we reflect on what we are grateful and thankful for, our list is lengthy at MSRGN...

<u>State Teams</u> <u>Time 4 Genetics Clinics</u> <u>Genetic Navigators</u> <u>Genetic Ambassadors</u>

### Genetic Professionals Public Health Professionals Individuals and Families <u>HRSA Funding</u>

and we count each one of you who we have had the honor of interacting and partnering with over the years, as part of that "thankful for" list. We hope you all had a wonderful Thanksgiving with your friends and families.

> Thank you for being part of the MSRGN familythe MSRGN Management team

# Continuing Education Credit Opportunity EXPIRING in JUST ONE MONTH!

If you missed any of the <u>2021, 2022 or 2023 Genetic Summit sessions</u> and would like to claim continuing education credit please do so soon before these sessions expire on:

<u>December 31, 2023</u>

expiring on 12/31/23

Genetic Summit Library

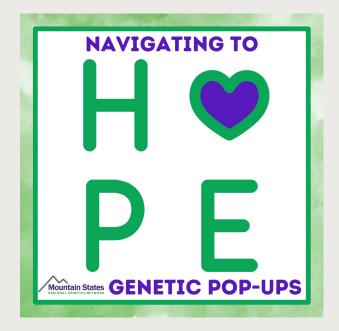


Genetics Summit Library



Please Note: Enduring Continuing Education will be offered for all 3 Genetics Summits until 12/31/23. Please click each box to see the CME/CEU statement for each individual Genetics Summit.

## Our Next 2 Genetic Pop-Ups are coming up...



MSRGN is inviting you to our next two Genetic Pop-Ups:

NEXT WEEK! HOPE Through Understanding December 6, 2023 at 11am PT, noon MT, 1pm CT, and 2pm ET <u>Register here</u>

and

HOPE Through **Support** February 22, 2024 at 11am PT, noon MT, 1pm CT, and 2pm ET <u>Register here</u>

featuring our Genetic Navigators sharing their thoughts on how they found HOPE Through Understanding and Support on their genetics journey.

To download a pdf flyer to share click<u>here</u>

Genetics Pop-Up Info





Jamie Stefanski, our state teams coordinator, has accepted a Family Navigator role with **Family Voices Colorado** and hence, has ended her role as state team coordinator and CO Genetic Navigator as of 11/16/23. While we are overjoyed for Jamie and her next chapter continuing to support Colorado families with the amazing navigation talents she has shared with us as the Colorado Genetic Navigator, we sure are going to miss her coordination talents around state team meetings and projects. We are so grateful for her service in this role.

We also have a new project coordinator, **Mikayla Welch**, who started last week. She is a welcomed addition to the management team as we continue to wrap up the projects for the last year of this grant and pursue sustainability plans.

So as we say goodbye to Jamie, please say hello to Mikayla (she can be reached at **mountainstatesregionalgenetics@gmail.com**) as our new MSRGN project coordinator.

You can learn more about Mikayla's background here: Mikayla Welch recently joined the Texas Health Institute and serves as the MSRGN Projects Coordinator. Mikayla's professional interests include



research, healthcare quality and accessibility. Before joining THI she was a graduate research assistant on a community-engaged statewide needs assessment of victims of crime from marginalized communities used to guide recommendations to improve quality of and access to resources. Prior to attending graduate school, Mikayla served as a Public Health AmeriCorps member at a nonprofit clinic coordinating and evaluating population health and patient outreach efforts to identify and address barriers to care. Mikayla graduated with a Master of Public Health from the University of North Carolina and became a Certified Health Education Specialist in 2023 and earned her Bachelor of Public Health from Northern Arizona University in 2016.

2023 Genetics Summit Recordings Available!



P: Primary Care and Genetics – October 11, 2023





A: Access to Genetics Care- October 12, 2023



K: Karyotypes to Knockouts (Genetic Testing to Research)- October 12, 2023



Please check out the 2023 Genetics Summit recordings here and remember that the opportunity to claim CME/CEU on the recordings expires on 12/31/23.





Save the Date! Our LAST Time 4 Genetics Webinar on the topic of VARIANTS OF UNCERTAIN SIGNIFICANCE (VUS) will be held on January 31st 2pm ET/1pm CT/ noon MT/ 11am PT

more details, registration, and a flyer will be posted on the MSRGN website soon... stay tuned!

# From our Sister Region: NERGN Genetics for the Non-geneticist

**Register Here** 

Please join our sister region, **<u>NERGN</u>**, for their Genetics for the Non-

Geneticist webinar series (with Free CME). This series starts next week (December 6) and runs through April 2024.





### Genetics for the Nongeneticist — A Free CME Webinar Series

Jointly Provided by the Massachusetts Medical Society and New England Regional Genetics Network

#### **Series Description**

Primary care physicians are increasingly encountering situations where diagnosis and treatment will be affected by genetic testing. Because rare disorders are not covered in depth in most medical education curricula, primary care physicians often lack training to confidently diagnose and manage patients suffering from these illnesses. This webinar series seeks to provide a strong foundational understanding of genetics, tools to support improved decision making, and communication strategies, which will positively impact patient outcomes regardless of a specific diagnosis.

#### Audience

This webinar series is designed for all providers including Primary Care Physicians, Specialty Physicians, Physician Assistants, and Nurse Practitioners.

> Click here to learn more and register free-of-charge.

#### **Learning Objectives**

Upon completion of these activities, learners should be able to:

- Gain foundational understanding of the intersection of genetics in primary care practice
- Develop strategies to improve timely diagnosis and treatment of rare and genetic conditions
- Demonstrate effective communication of genetic information to patients, families, and medical specialists

#### **Accreditation Statement**

These activities have been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Massachusetts Medical Society and New England Regional Genetics Network. The Massachusetts Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

#### **AMA Credit Designation Statement**

The Massachusetts Medical Society designates each live activity for a maximum of 1.00 AMA PRA Category 1 Credit<sup>®</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$635,000, with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS, or the U.S. Government.

#### CME WEBINAR SERIES SCHEDULE

Wednesday, December 6, 2023 12:00-1:00 PM

Genetic Testing in Primary Care KUNAL SANGHAVI, MBBS, MS, CGC Lecturer, University of Connecticut Genetic Counseling Program

#### Wednesday, January 3, 2024 12:00–1:00 PM

Going on Metabolism Rounds: Patients with Encephalopathy

MARK KORSON, MD Director of Physician Support and Director of Education, VMP Genetics, LLC

#### Wednesday, February 7, 2024 12:00–1:00 PM

How Rare Is Rare? Why it Pays to Think of Zebras

GREG FEERO, MD, PHD Family Practitioner and Professor, Department of Community and Family Medicine, Geisel School of Medicine, Dartmouth University

#### Wednesday, March 6, 2024 12:00–1:00 PM

Going on Metabolism Rounds: Patients with Muscle Symptoms

MARK KORSON, MD Director of Physician Support and Director of Education, VMP Genetics, LLC

#### Wednesday, April 3, 2024 12:00–1:00 PM

Positive Newborn Screen — Now What?

ANGELA SHEPARD, MD, MPH Director, New England Regional Genetics Network

### INTERPRETING FOR PRENATAL GENETICS

A Workshop for Interpreters in Health Care



### 1-4:30 PM CT/ 12-3:30 PM MT/ 11-2:30 PM PT

National Coordinating Center

Attendance on both days is required for CE credit. Mountain States Approved for 6.5 CE credits (incl. 2 performance based CEU) from CCHI and IMIA

### Healthcare Interpreter Training: Prenatal Genetics February 3 & 10, 2024 Reserve your seat today!

In collaboration with the <u>National Coordinating Center</u>, please join us for a FREE seven-hour virtual training (led by nationally recognized trainer Cynthia E. Roat, MPH) to help you better understand and more accurately interpret the information provided during a genetics appointment. To get the most out of the training, we ask that:

- Connect to the Zoom via computer (not through a smart phone or tablet);
- Keep your camera on during the training.

The training will be held over two consecutive Saturdays (February 3 and 10, 2024) from 11 AM to 2:30 PM PT; 12 PM to 3:30 PM MT; 1 PM to 4:30 PM CT; 2 PM to 5:30 PM ET. In order to be awarded the approved 6.5 CE credits (incl. 2 performance based CEU) from CCHI and IMIA , you must participate on each day.

### **Register Here**

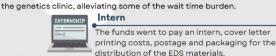
State Team Corner What's **ROCK'n** in New Mexico?



2022-2024 Co-Leads Kirsten Bennett (2021-present) Winton Wood (2023- present) Sandy Whisler (2021-2022)

#### Year 6: 2022-2023

For grant year 6 the New Mexico team distributed Ehlers-Danlos Syndrome (EDS) packets and referral pathways to Early Intervention departments and pediatrician offices across the state. The University of New Mexico Medical Center (UNM) genetics representatives reported they have seen a positive trend in decreasing general referrals for Ehlers-Danlos and more appropriate referrals to



#### Referrral Pathway

The team also put together a list of subspecialist with department phone numbers that they are calling a referral pathway.

### Time 4 Genetics

Time 4 Genetics The New Mexico team recruited 6 clinics to the Time 4 Genetics Initiative to educate primary care providers in their state.



#### TIME 4 GENETICS Year 7: 2023-2024 Going into grant year 7 the New Mexico team

**New Mexico State Team:** 

Part 2

2022-2024



plans on using their \$2000 on an intern to follow up with and gather feedback from the physician offices, early intervention offices and community organizations that received Ehlers Danlos packets in year 6.

#### Infographic for Ehlers Danlos Syndrome

Going into grant year 7 the New Mexico team plans on creating an infographic for families about Ehlers Danlos Syndrome (EDS) that compliments the EDS Algorithm that the team has distributed in past grant years.

#### **Backpacks for Families**

The New Mexico team in conjunction with Hero's Path, due to COVID, had to reschedule and cancel a number of events to they pivoted and created back packs for families that could be distributed to those with genetic conditions and enjoyed at home.



Each month we will be highlighting a project or resource created by one of our state teams that is ROCK'n the MSRGN Region. This month we are highlighting:

# NEW MEXICO

The New Mexico team's Year 6 State Team project was to distribute Ehlers-Danlos Syndrome packets and referral pathway to Early Intervention departments and pediatrician offices across the state. For grant year 7 the team plans on using their \$2000 for an intern to follow up with and gather feedback from the physician offices, early intervention offices and community organizations that received Ehlers Danlos packets last year.

Go Team New Mexico!

To learn more about the New Mexico State Team, check out their state team page <u>here.</u>

If you live in the mountain states and are interested in getting involved in the state team in the state where you live, please fill out this form <u>here</u> and note your interest in the state teams in the "Why are you interested in connecting with MSRGN?" box.

### Acknowledgement of Funding

This publication is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$600,000 with 0 percentage financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.



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