

# MEET THE MSRGN NEVADA GENETIC NAVIGATOR



Mariah Spry

## A little about me:



- I have been navigating the medical world for almost 20 years advocating for my three children with mitochondrial disorders and myotonic dystrophy.
- Prior to being a full time caregiver, I was an elementary teacher and I hold a BS in Human Development.
- I welcome the opportunity to help families in Nevada overcome barriers to medical care.

## How I Can Help a Family Navigate Genetics...

- Discuss next steps with a family who has concerns, for example, ways they can talk with their doctor.
- Provide resources to a family who has encountered a barrier to accessing genetic services.
- Connect families who have received a genetic diagnosis to support organizations.
- Meet with families who want to get more involved as an advocate in the genetic system.

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