

MEET THE MSRGN UTAH GENETIC NAVIGATOR



Tiffany Vickers

A little about me:



- My second born daughter was born with a rare genetic condition.
- I have my PhD in Health and Kinesiology and my research focuses on self-efficacy in mothers caring for children with special needs, from a professional and a personal perspective.
- I seek to empower mothers with the knowledge to navigate the challenges of caring for children with unique needs, fostering resilience and enhancing their quality of life.

How I Can Help a Family Navigate Genetics...

- Discuss next steps with a family who has concerns, for example, ways they can talk with their doctor.
- Provide resources to a family who has encountered a barrier to accessing genetic services.
- Connect families who have received a genetic diagnosis to support organizations.
- Meet with families who want to get more involved as an advocate in the genetic system.

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Red Flags 4 Genetics
Handout for Families**

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